

2019

JANUARY

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MARCH

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MAY

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JULY

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SEPTEMBER

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NOVEMBER

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FEBRUARY

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APRIL

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JUNE

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AUGUST

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OCTOBER

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DECEMBER

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Upcoming Events

Bioenergy Therapy*

Group Healing Clinic (4 evening, 6-8pm)

JANUARY 17-20, Riverside, CA
 FEBRUARY 21-25, Riverside, CA
 MARCH 21-24, Riverside, CA
 APRIL 11-14, Riverside, CA
 MAY 23-26, Riverside, CA
 JUNE 13-16, Riverside, CA
 JULY 25-28, Riverside, CA
 AUGUST 15-18, Oahu, Hawaii
 SEPTEMBER 12-15, Riverside, CA
 OCTOBER 10-13, Riverside, CA
 NOVEMBER 21-24, Riverside, CA

Individual Bioenergy Therapy

Call to schedule a session 626-893-0340

Wellness Programs

HeartMath® Building Personal Resilience

9-11 AM - (4 sessions)

9/21, 10/19, 11/16, 12/21, San Jacinto, CA
 3/30, 4/27, 5/18, 6/29, San Jacinto, CA

1-3 PM - (4 sessions)

9/21, 10/19, 11/16, 12/21, San Jacinto, CA
 3/30, 4/27, 5/18, 6/29, San Jacinto, CA

Health & Lifestyle Coaching

Call to schedule a session 626-893-0340

Meditation & Reducing Stress

Each Webinar (6-8pm)

JANUARY 23 JULY 17
 FEBRUARY 13 AUGUST 21
 MARCH 13 SEPTEMBER 18
 APRIL 17 OCTOBER 16
 MAY 15 NOVEMBER 13
 JUNE 19 DECEMBER 18

Getting Back to Your True Self® NEW

MARCH 18, Webinar (6-9pm)
 JUNE 10, Webinar (6-9pm)
 SEPTEMBER 23, Webinar (6-9pm)
 DECEMBER 2, Webinar (6-9pm)

Holidays

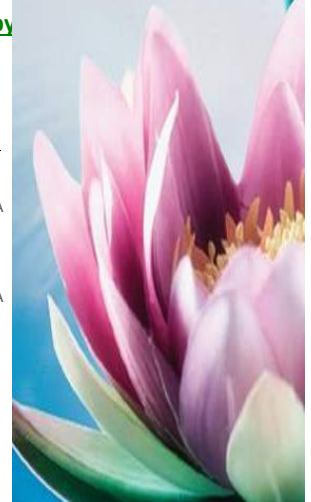
Life Esteem Wellness Center
 P.O. Box 772, Perris CA 92572



www.lifeesteem.com
www.lifeesteemwellnesscenter.c
 (626) 893-0340

Life Esteem Wellness Center

Wellness Programs
The Art of Healing Training
Energy Healing
(Bioenergy Therapy)
Spiritual Counseling
Health & Lifestyle Coaching



The Art of Healing® Training

Call to register 626-893-0340

Life Esteem Self Mastery® Webinar

Call dates & times 626-893-0340

Life Esteem: Finding Your Purpose®

APRIL 22, Webinar (6-9pm)
 JULY 8, Webinar (6-9pm)
 OCTOBER 21, Webinar (6-9pm)

Career Transition® Coaching

Call to register 626-893-0340

Call for private appointment, or
 to register for an event.
 626-893-0340

Private sessions are by appointment only. We work with each client based on their individual needs. Sessions can be in person, during a group event, or at a distance.

*Bioenergy Therapy is safe, non-invasive, patient friendly, and free of pharmaceuticals. It's a simple way of balancing your body's energy system to promote rapid healing.